



Senior Parent  
Information Night

**JHHS Counseling Department**

**Fall 2024**

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# Get to know your Counseling Department



**Row one: Mrs. Fradi, Mrs. Woods (Registrar), Ms. Shoemaker (A-F), Mrs. Cranford (Judges IX)**

**Row two: Ms. Jones (G-O), Mrs. Evans (Administrative Assistant), Mrs. Brewster (P-Z)**

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- **Packets to order caps/gowns/announcement packages** will be distributed to seniors on **Wednesday, October 2nd.**
- Jostens will be back during lunches on **Friday, October 11th** to collect orders.



**CLASS OF 2022**  
**JOHN HANDLEY HIGH SCHOOL**

# 2025 HANDLIAN - SENIOR ADS

Purchase an ad to be displayed in a special section of the yearbook honoring seniors.



Bella  
*Balio*

Bella...Oh, the paths you'll wander, our you watched you grow, it's true. You've conquer go embracing life's grand call. Through bedth grown, my dear, through the laughter and i taking flight. Our baby, our joy, you're rea journey, both near and far. Know that you' wings, the world awaits your cue, Oh, the inc  
"Love, Mom, D

**ONLINE** - Go to our school store @ [yearbookforever.com](http://yearbookforever.com) to purchase. Either upload your photos or send hard copies in to Mrs. Campbell in an envelope with the student's name. These will be scanned and returned to the student. Type in the message you'd like to appear with the photos. Mrs. Campbell will email a proof for your approval once the ad is complete.

**IN PERSON** - Pick up a form from the front office. Send this form, your photos, and your payment in cash or a check made payable to John Handley High School (senior ad written on memo line) in an envelope directed to Mrs. Campbell. Mrs. Campbell will email a receipt to show proof of purchase and a proof for your approval once the ad is complete.

Choose an Ad Size:

- Full Page (7 photos max and 75 word max) - \$300
- 1/2 Page (5 photos max and 50 word max) - \$150
- 1/4 page (3 photos max and 40 word max) - \$100
- 1/8 page (1 photo max and 30 word max) - \$75

Mrs. Rhonda Campbell  
Yearbook Advisor  
[campbellr@wps.k12.va.us](mailto:campbellr@wps.k12.va.us)



# The 2025 Handlian

@yearbookforever.com

Pre-order for the reduced price of  
\$70 until December 31st, 2024.

Did you take a great pic at one of our school events? Share it with us and it just might end up in the Handlian!

# YEARBOOK SNAP

You take great photos every day. Send us your best photos for consideration in the 2025 Handlian

**2 WAYS TO SUBMIT  
YOUR PHOTOS TO THE  
YEARBOOK STAFF:**

Download the Yearbook Snap mobile app from the App Store or Google Play, and enter our access code: **Handley2025**

**OR**

Go to [yearbookforever.com](http://yearbookforever.com), enter our school name, click on Yearbook Snap and enter our access code: **Handley2025**

**It's your life. Share your photos of it!**

# Sites to be familiar with:

## **JHHS Events**

**<http://jhhs.wps.k12.va.us/>**

## **School Counseling Website (Senior Newsletter/Scholarships)**

**<https://www.wps.k12.va.us/domain/1526>**

**Senior Class 2024 Canvas - announcements will be made here (including scholarship information)**

**Judges' Docket - sent to families every Sunday @ 4:00pm**



# Who To Contact

## **Class Sponsors:**

- **Valerie O’Keeffe** ([okeeffev@wps.k12.va.us](mailto:okeeffev@wps.k12.va.us))
- **Shane Campbell** ([campbells@wps.k12.va.us](mailto:campbells@wps.k12.va.us))

## **Yearbook Sponsor:**

- **Rhonda Campbell** ([campbellr@wps.k12.va.us](mailto:campbellr@wps.k12.va.us))

## **Cap and Gown Packets:**

- **Ingrid Bousquet** ([bousqueti@wps.k12.va.us](mailto:bousqueti@wps.k12.va.us))

## **Cap/Gown/Announcement Packages Questions:**

- [Jostens website](#)
-

# Your class sponsors

HOCO  
donations  
Hall decorating

Baby Pics/fun pics -  
Senior chapel

Senior  
events  
parties etc



**Need help!** *(clearly)*

Watch the CANVAS  
PAGE

## Important Dates

- Sept. 17      Senior Parent Information Night Patsy Cline Theatre, 6:00 p.m.  
College Application Process
- Sept 25      VACRAO College Fair, Apple Blossom Mall, 6:00 p.m.
- Oct. 9      Financial Aid Information Night, Main Cafeteria, 6:30 p.m.
- Oct. 21-25    Virginia College Application Week
- Nov. 15      ASVAB Test (Will be administered in the Media Lab)
-

# Graduation Requirements

## Advanced Diploma

- 4 Math
- 4 Science
- 4 Social Studies
- 4 English
- 1 Kinesiology
- 1 Health
- 1 Fine Art or CTE
- 1 Economics and Personal Finance
- 3 **World Languages** or 2 years each of 2 different
- CTE Credential or AP/Honors Class/Work Based Learning/Dual Enrollment
- 3 Electives Including a Sequential Elective
  
- **5 Verified Credits (SOL)**

**26 Total Credits**

## Standard Diploma

- 3 Math
- 3 Science
- 3 Social Studies
- 4 English
- 1 Kinesiology
- 1 Health
- 2 Language, Fine Art, or CTE
- 1 Economics and Personal Finance
- 4 Electives Including a Sequential Elective
- CTE Credential or AP/Honors Class/Work Based Learning/Dual Enrollment
  
- **5 Verified Credits (SOL)**

**22 Total Credits**

## What Happens Next?

- Workforce
  - Technical School Training and/ or Apprenticeship
  - Military – ASVAB test
  - Associate Degree (2 year)
    - Applied Studies: 2 year and work
    - Transfer: 2 year and continue at a 4 year college
  - Bachelor's Degree (4 year)
-

# Pros and Cons of Community College First

## Pros

- Starting in a smaller setting can make a big difference.
- Lowers cost
- Increased flexibility (i.e. more night classes) and smaller class sizes
- Work opportunities with a 2 year associate's degree
- Chance to improve your grades
- No SAT/ACT required

## Cons

- Limited curriculum (there may be more general education course offerings you're interested in at a 4 year university)
  - You might have to retake some classes **or** test out of them (if going out of state)
  - Clubs, extracurricular activities, and forming bonds with your cohort might not happen as easily.
-

# Laurel Ridge Community College Transfer Programs (2 + 2)

## Assoc of Arts & Sciences

- **Business Administration**
- **Education**
- **General Studies:**  
Admin of Justice, Human Services, Rec & Outdoor Leadership
- **Liberal Arts:**  
Communication, Fine Arts, Philosophy & Religion

## Associate of Science

- Agricultural Science Specialization
- Computer Science Specialization
- Engineering Specialization
- Forensic Science Specialization
- Health Professions Specialization
- Science (General)

## What is...



Get Started   Transfer Steps   Transfer Tools   Resource Center   Contact an Institution

A photograph showing the backs of three people embracing each other. A woman in a white shirt is on the left, a man in a light blue shirt is in the middle, and a woman with long brown hair is on the right. A yellow banner is overlaid at the bottom of the image.

Your credits. Your degree. **Your move.**

[TransferVirginia.org](https://www.transfervirginia.org)

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Transfer Virginia is an initiative to provide transparency and access throughout the college transfer process.

Through the Transfer Virginia portal, we strive to provide you consistent and current information from all partner institutions.

You can research, plan and organize your transfer journey using the information and resources available within this portal from Virginia's institutions.

# Laurel Ridge CC Workforce Solutions

- Business and Professional Development
- Computers and Technology
- Healthcare and Wellness
  - Clinical Medical Assistant
  - Phlebotomy Technician
  - Ophthalmic Assistant
  - Dental Assistant
  - Pharmacy Technician
  - Patient Service Representative: Certified Medical Administrative Assistant

- Industry, Manufacturing and Construction Trades
  - Electrical
  - HVAC
  - Plumbing
  - Welding
  - Multi Craft
  - Small Engine Repair
  - Mechatronics
  - Manufacturing Specialist Certification
  - Construction
    - Blueprint, AutoCad
- Transportation
  - CDL
  - Auto Dealer



# Laurel Ridge CC Workforce Solutions Catalog

COURSES | CAREER TRAINING | CREDENTIALS | CORPORATE TRAINING

This is Your Time

FAUQUIER TRADES CENTER OPENING DOORS

SEE PAGE 14

NEW COURSES AND PROGRAMS

• CompTIA Project+ Prep and Certification	6	• AZL Refrigeration Certification Prep and Exam	30
• Back End Software Developer	7	• Bookkeeping Certificate	34
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### Fast-Track Career Training Programs

Quickly Gain Skills in a High-Demand Career Field

- Information Technology (IT) Certifications, pp. 5
- Medical Assistant (CMAA), pp. 7
- Phlebotomy Technician, pp. 9
- Nurse Aide Program, pp. 9
- Medication Aide, pp. 10
- Dental Assisting Program, pp. 10
- Patient Service Representative (PSR/CMAA), pp. 10
- Mechatronics Program, pp. 12
- Heavy Equipment Operator, pp. 16
- Construction Project Management, pp. 17
- Apprenticeship in Electrical (HVAC and Plumbing), pp. 18
- HVAC Technician, pp. 19
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- Commercial Truck Driver, pp. 23
- OoakBooks Online, pp. 24
- Professional Administrative Certification of Excellence (PACE), pp. 24
- Marketing Online, pp. 25
- Project Management, pp. 26

### Professional Development and Continuing Education Opportunities

- Business and Professional Development
- Computers and Technology
- Healthcare and Wellness
- Industry and Advanced Manufacturing
- Construction Trades
- Transportation
- Corporate Training

LAUREL RIDGE WORKFORCE SOLUTIONS specializes in programs that develop and enhance workplace skills for individuals and organizations. We are your local, reliable, and trusted partner for quality and relevant workforce training programs that meet the needs of employers and individuals in our community.

We offer hands-on courses on hundreds of subjects taught by expert trainers at each of our campuses and sites in Middletown, Warrenton, Luray, Winchester, and Vint Hill, Virginia. We also provide corporate training to meet your organization's needs, be it a needs assessment, consultation, on-the-job training, half-day workshop, or a multi-week professional development, certification, or apprenticeship program.

### Educational Funding Available

Financial Assistance, Grant Funding, Scholarships, and Sallie Mae Loans available for eligible students.

FastForward pricing will be available while grant funds last.

Visit [lauleridgeworkforce.com/funding](http://lauleridgeworkforce.com/funding) or see page 31.

To learn more, visit [LaurelRidgeWorkforce.com](http://LaurelRidgeWorkforce.com) or call 540-868-7021. #LaurelRidgeWorkforce

### Laurel Ridge's Free Online Career Coach

**JOB SEEKERS:** Take career assessments, browse careers, search for jobs, build your resume and more. Visit [LaurelRidge.edu/OBS](http://LaurelRidge.edu/OBS)

**EMPLOYERS:** Focus your job postings toward engaged students, alumni and community members as they explore careers and programs on Laurel Ridge's Online Career Coach. Visit [LaurelRidge.edu/PORTAL](http://LaurelRidge.edu/PORTAL)

### LAUREL RIDGE COMMUNITY RESOURCES

Struggling to make ends meet?  
Need child care assistance?  
Family services?  
Food assistance?  
Transportation?  
Something else?

Laurel Ridge may be able to help. Give us a call or visit [lauleridgedu.com/community-resources](http://lauleridgedu.com/community-resources)

### UPCOMING FALL EVENTS

<b>PAGE 5</b>	<b>IT FAST-TRACK CERTIFICATION INFORMATION SESSIONS</b> Live Online. In Person, or On-Demand Replay. Multiple Dates
<b>PAGE 9</b>	<b>HEALTHCARE FAST-TRACK CERTIFICATION INFORMATION SESSIONS</b> Live Online. In Person, or On-Demand Replay. Multiple Dates
<b>PAGE 14</b>	<b>TRADES FAST-TRACK PROGRAM INFORMATION SESSIONS</b> In Person. Multiple Dates and Locations
<b>PAGE 28</b>	<b>CORPORATE TRAINING WEBINAR: WORKPLACE WELLNESS</b> August 10, 9am - 12:30 PM

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# G3 Program through Laurel Ridge

## Who is eligible for the G3 Program?

Any Virginia resident who:

- Qualifies for in-state tuition
- Has a total household income of less than or equal to 400% of the Federal Poverty Level (roughly an income of \$100,000 for a family of four)
- Is enrolled for a minimum of six credit hours in a Virginia community college
- Is enrolled in a designated G3 program
- Has applied for federal and/or state financial aid programs.

## What are the designated programs?

- Healthcare
- Information Technology
- Manufacturing and Skilled Trades
- Early Childhood Education
- Public Safety

## How does tuition assistance work?

G3 Program funds make up the difference between what federal or state financial aid pays for and the cost of tuition, fees, and books for the program.

# Apprentice Programs

## Newport News Apprentice School

•AS.edu

## Norfolk Naval Shipyard

•USAjobs.gov

## Laurel Ridge Workforce Solutions

### Examples of Jobs:

Electrician, Welder, Marine Machinery Mechanic,  
Pipefitter, Painter, Rigger, Metals Inspector, Heavy  
Mobile Equipment Mechanic, Fabric Worker,  
Insulator...

## Newport News Apprentice School

To be a competitive applicant you should have 5 or 6 of the following:

- Algebra 1
- Geometry
- Algebra 2/Trig.
- Pre-calculus and/or Calculus
- Chemistry
- Physics
- CTE classes such as: Carpentry & Welding

Good grades in English

An average GPA of 2.8-3.0

\*There are more options listed on the Apprentice School website

## 4 Year College Track



# What do 4 year colleges look for?

- GRADES!! (mainly in core classes)
  - Strength of curriculum (look at all courses offered at JHHS)
  - SAT or ACT scores (many schools are still test optional)
  - Essay or Writing Sample
  - Extracurricular involvement
    - School & Community
    - Consistency & Commitment vs. Numbers
  - Student Demonstrated Interest
-

# The Tests: SAT and ACT

## Test Scores:

- Sent directly from the testing agency to college – you must request it.
    - SAT/ACT gives you four free score reports  
(can request up to 7 days after test)  
**USE THESE FREE REPORTS**
    - Schools Superscore (mix and match highest score)
    - Subject test were discontinued by College Board in Jan. 2021
  - Remember good test taking habits: full night of sleep, breakfast, etc.
-

# College Search

- **US News World Report - Best Colleges**
  - **[www.bigfuture.org](http://www.bigfuture.org)**
  - **Things to consider:**
    - **Size**
      - Very Small fewer than 1000 students
      - Small 1000-3000
      - Medium 3000-10,000
      - Large: More than 10,000
    - **Majors/Minors**
    - **Distance from home**
    - **In State vs Out of State**
    - **Public vs Private**
    - **Cost of attendance**
-

# Applying to College

- **Types of Deadlines**
  - Early Action – Non binding (Taking action)
  - Early Decision – Binding (Making a decision)
  - Regular Decision
    - (usually notified Early April) **Respond by May 1**
  - Rolling Admission
- **DEADLINES, DEADLINES, DEADLINES**
  - Early Action/Early Decision deadlines: Are typically October and November
  - Regular Decision: December/January

**EVERY SCHOOL IS DIFFERENT**  
**Start organizing deadlines & requirements**

---

# Applying to College

## Application Portals

- Directly to schools
- Common App
- Coalition App
- Common Black College App
- SENDEdu App

- **Common Application**
  - Fill it out once and then use it for multiple schools
  - Each school has the option to add their own specific questions
  - VA schools have you fill out an extra section to determine residency
  - Use your counselor's email address!!!
- **School Application** – on the college website
- Do not use your phone! Use a PC or laptop

## High school information

High school name: John Handley High School

High school address: 425 Handley Blvd. Winchester, VA 22655

CEEB code: 472435

Graduation date: May 29, 2025

## Counselor information

Counselor name: Ms. Shoemaker, A-F; Ms. Jones, G-O; Mrs. Brewster, P-Z

Counselor job title: School Counselor

Counselor email: Shoemaker@wps.k12.va.us, JonesC@wps.k12.va.us, BrewsterV@wps.k12.va.us

Counselor phone: 540-662-3471

## Grades and current courses

Graduating class size (approx.): 325

GPA scale: 4.0  
(4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 100, None)

Class rank reporting:  Exact  Decile  Quintile  
 Quartile  None

GPA weighting:  Weighted  Unweighted

Class rank weighting:  Weighted  Unweighted

Course scheduling system:  Semester  Trimester  
 Quarter

# Items on the Application

- Demographic Data - you can start filling this out now on the Common App
  - Activities and Sports: in and outside of school
  - Leadership
  - Coursework
  - Essay – If it is optional, DO IT! Customize essay to each school, some allow video essays
  - Short Answer Questions
-

# Other Items Needed

- **Recommendations** Counselor/Teacher/Coach/Club Advisor –
    - Ask and allow 3 weeks
    - Give a brief resume of involvement and accomplishments
    - Provide a stamped /addressed envelope
    - Emailed recommendation→ make sure you tell the teacher
  - **High School Transcript**
    - Students now request their transcript electronically through **Parchment**  
\*It is FREE
    - Allow 2 work weeks before deadline
-

# Request a Transcript

- PARCHMENT
  - Parchment is used for ALL transcript requests, including the Common App, as well as, sending transcripts to individual schools.
  - Laurel Ridge CC (Transcript Request) - should be done **AFTER** you've committed to a college and your Spring grades are final.
  - For final transcript requests select "Hold for final grades" on Parchment
-

# Parchment Requests

Set Delivery Destination CANCEL x

Your order will be sent from **John Handley High School** to the individual and/or organization at the destination below.

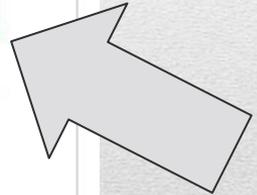
The Common Application (First Year Applicants) Select

---

Search

OR

 [I'm sending to myself or another individual](#) 



# Virginian College Application Week

## October 21-25

- Fee waiver codes for schools across the state of VA and some surrounding states.
- Time to work together on your individual college applications and/or Common App.
- College and Universities will be visiting in person
  - On-the-spot admission decisions
  - Informational sessions to learn more about their campus and programs.
- More information to come!

### Prepare for VCAW by:

- Create your Common App account
- Add the schools you want to apply to
- Complete college essays
- Gather your Letters of Recommendation
- Send your transcripts & your SAT/ACT scores

# Financial Aid

- **Types of Aid:**
  - Grants, Scholarships, Work-Study or Loans
- **Free Application for Federal Student Aid**
  - [fafsa.ed.gov](https://fafsa.ed.gov)
  - **Estimated to open - December 2024**
  - Pell Grant – Free Money
  - Required by schools for all types of aid
- **Institutional Financial Aid –**
  - Merit based scholarships require that your application be turned in around the November/December time frame (varies depending on the school).
  - require FAFSA to be considered for institutional aid
- **Financial Aid Night** - October 9, 6:30pm



# Scholarships

- **Senior Canvas page**
    - TONS of information posted here, from scholarships to cap and gown ordering reminders, etc.
    - Ensure your student has joined our Canvas page
  - **Local Scholarship Application will be due in January**
  - Parent/Guardian employer
  - Social Service Organizations
  - *Never pay* for a scholarship search
  - Merit Scholarships and Honors programs have earlier **deadlines**
-

# SCHOLARSHIPS



## LOCAL SCHOLARSHIP APPLICATION

**DUE: Friday, January 10, 2025**

**\*\*\*Please note: if an application is received without an accompanying resume/activity supporting document, the application will be considered incomplete and will not be reviewed by the Scholarship Committee.**

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## SIX GREAT OPTIONS FOR FINDING SCHOLARSHIPS

### 1 **Going Merry** THE NEW, COOL KID

- \$20 billion database of scholarships and aid
- Lots of local scholarships
- Bundled scholarships - One application applies you to multiple opportunities!
- Apply directly on site, with auto-filled forms
- Filter, favorite, or ignore scholarships
- No advertisements
- iOS and Android apps

### 2 **Fastweb** THE VETERAN

- Founded in 1995
- \$3 billion in scholarships
- Clean interface with basic filters & favoriting
- Internship and part-time job search
- Android and iOS apps

### 3 **Scholarships.com** THE GIANT

- \$19 billion in scholarships
- Social comments section to get advice from peers
- Quick signup process
- Some advertisements (sponsored content)
- Android and iOS apps

### 4 **Chegg Scholarships** THE ALL-ROUNDER

- \$1 billion in scholarships
- Clean interface with basic filters & favoriting
- Additional student tools to: Research colleges, Buy/sell textbooks, Find tutors

### 5 **College Board BigFuture** THE PLANNER

- \$6 billion in scholarships
- College search and planning tools
- Many sweepstakes-style scholarships

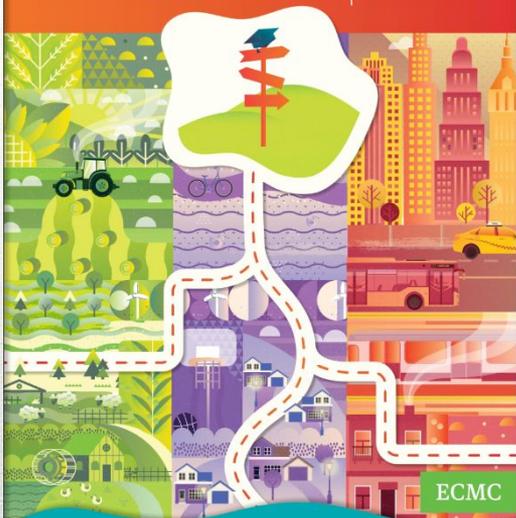
### 6 **College website** THE NEW "HOME"

Once you've gotten admitted and/or decided on a college, check out their financial aid page, which often has information on scholarships available to their students.

[Click Here for link to flier](#)

# OPPORTUNITIES

Preparing for College  
Guide and Workbook  
VIRGINIA 2024-2025



6

Planning for the College Application Process

11

Navigating the Financial Aid Process

20

Finding Scholarships

[Click here for the link to this book](#)

## Virginia College Profiler

There are many important factors in choosing a college. How you fit in academically and the cost of attendance (COA) are important considerations. The charts in this section provide some of the information you need to compare colleges on these factors.

MANY COLLEGES HAVE ELIMINATED ACT/SAT TEST REQUIREMENTS. CHECK <https://fairtest.org/fairtest/optional-test-req/> FOR A CURRENT LIST OF TEST-OPTIONAL COLLEGES. ALWAYS VERIFY TEST REQUIREMENTS WITH THE COLLEGE'S ADMISSIONS OFFICE.

Public Universities	Students Enrolled in 2022-2024 Academic Year*				Estimated 2024-2025 <sup>†</sup> COA Before Financial Aid
	Test scores and high school grade point averages are provided to show you how your scores compare to those of students who enrolled in selected Virginia colleges. Some students had lower scores and GPAs, while other students had higher scores and GPAs.				
	SAT 25th Percentile	SAT 75th Percentile	High School GPA 25th Percentile	High School GPA 75th Percentile	Cost figures are estimated and your actual costs could vary.
Christopher Newport University	1170	1290	3.44	4.12	\$30,290
College of William & Mary	1360	1539	4.18	4.53	\$43,916
George Mason University	1160	1330	3.45	4.00	\$29,955
James Madison University	1180	1320	3.65	4.11	\$26,686
Longwood University	1030	1190	3.34	4.05	\$33,168
Norfolk State University	840	1095	2.67	3.49	\$21,271
Old Dominion University	1120	1280	3.05	3.88	\$22,058
Radford University	950	1150	3.08	3.88	\$19,427
Richard Brand College	Not available	Not available	Not available	Not available	\$20,630
University of Mary Washington	1160	1320	3.41	4.08	\$28,405
University of Virginia	1410	1510	4.20	4.51	\$30,222
University of Virginia's College at Wise	940	1185	3.10	4.00	\$24,146
Virginia Commonwealth University	1060	1260	3.29	4.06	\$35,227
Virginia Community College System	Not available	Not available	Not available	Not available	\$4,906 <sup>‡</sup>
Virginia Military Institute	1110	1350	3.25	4.00	\$32,356
Virginia State University	800	1050	2.71	3.20	\$23,308
Virginia Tech	1250	1430	3.86	4.33	\$32,408

\*Test scores and GPAs were obtained from the State Council of Higher Education for Virginia (SCHEV) website. SAT scores are a combination of the reading, writing and math scores.

<sup>†</sup>Cost of attendance (COA) provided by each college to the State Council of Higher Education for Virginia (SCHEV). Costs are for full-time students and include in-state tuition, mandatory fees and average on-campus housing and food. The costs shown above do not include all components of the COA, such as non-mandatory fees, program-specific fees, transportation, personal expenses, books and school supplies.

<sup>‡</sup>Does not include average housing and food costs.

What a student actually pays (net price) can be lower than the cost of attendance due to a variety of factors. Find more information about Virginia colleges' tuition, fees and net price by viewing the 2023-24 Tuition and Fees at Virginia State-Supported Colleges and Universities report at [www.schev.edu/research-publications/reports-and-publications](http://www.schev.edu/research-publications/reports-and-publications).



# Virginia Tuition Assistance Grant

- Application for financial aid for private universities and colleges in VA ONLY
  - Students awarded \$5,000 for Virginia Residency
  - For Freshman, it typically is put onto your award letter and then you may have to follow up with additional paperwork with the financial aid office.
-

# Student Athletes: NCAA Clearinghouse

- Division I and Division II College Athletics
    - Must have 10 core courses going into senior year
  - Register for Clearinghouse your Junior Year
    - [www.eligibilitycenter.org](http://www.eligibilitycenter.org) ( \$100.00 Fee)
  - Send transcripts
    - **Using Parchment**
  - Send official ACT/SAT scores
    - When registering for SAT/ACT include NCAA code 9999
  - Make sure student is eligible!
    - See Mr. Reed Prosser (Activities Director)
-

# Military



Air Force



Coast Guard



Navy



Army



Marines

- **Take the ASVAB**
  - Fall ASVAB - Nov. 15 [Register Here](#)
  - Great career/vocational tool, even if not interested in military
- **Talk with a recruiter from every branch, including National Guard, then decide.**
- **Recruiters regularly visit during lunches in the Student Union**

# Military Academies

**Naval Academy - USNA.EDU**

**Air Force Academy - USAFA.AF.MIL**

**Military Academy West Point- USMA.EDU**

**Coast Guard Academy - CGA.EDU**

**Merchant Marine Academy - USMMA.EDU**

- Start the preliminary application process in the Spring of Junior Year.
- Go to “Meet and Greet” events set up by State Representatives.
  - Member of the US House of Representatives from your Congressional district
  - Both US State Senators
  - Vice President of the United States
- Go to websites and look at the application process NOW!

# What can your student do right now?

- **Visit colleges/universities**
- Get involved in **extracurricular activities**
  - Volunteer
  - Clubs/organizations
  - Work
  - Sports/Band
  -
- **Register with NCAA Clearinghouse** if interested in Division I or II athletics

- **Explore Careers!**
  - Interest inventories
  - Job shadow
  - Informational interviewing
  - Talk it out with our Career Coach
  - Naviance.com
- **Take the SAT/ACT now, if thinking 4yr**
- **Talk with Military Recruiters**
- **Ask teachers for letters of recommendation**

Who are you? How do you stand out?

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## Resume

- Work Experience
- Volunteer Experience
- Awards & Honors
- Sports
- Clubs & Organizations

\*In and out of school\*

# Availabili

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**Counselors in the senior cafeteria all 3 lunches:**

**Monday- Ms. Brewster**

**Tuesday- Mr. Landaverde**

**Wednesday- Ms. Shoemaker**

**Thursday- Mrs. Fradi**

**Friday- Ms. Jones**

**Counselors at the Innovation Center:**

**Monday- Ms. Fradi**

**Tuesday- Ms. Brewster**

**Wednesday- Ms. Jones**

**Thursday- Ms. Shoemaker**

**Friday- Ms. Cranford**

**Book an appointment:**

(Links to calendar are on the School Counseling website)

[Sara Shoemaker](#)

[Chyanna Jones](#)

[Vanessa Brewster](#)

[Elizabeth Cranford](#)

[Natosha Fradillada - Counseling Director](#)

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# Email Addresses:

Mrs. Fradillada, Director of School Counseling

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Ms. Shoemaker, A-F

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Ms. Jones, G-O

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Ms. Brewster P-Z

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Mrs. Cranford, Judges IX

[cranforde@wps.k12.va.us](mailto:cranforde@wps.k12.va.us)

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# Summary

- We are here to help
  - Students can make an appointment via the link on the school counseling website.
  - Email us
  - Webpage/Canvas
- Check your school email!!

**DEADLINES!!**

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